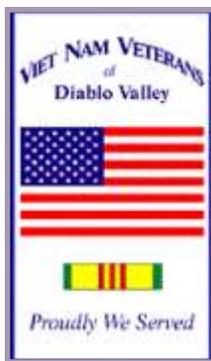


INCOMING NEWS



JAN 2021

Viet Nam Veterans of Diablo Valley VNVDV HAVE ARRANGED A VIRTUAL MEETING FOR THURSDAY JANUARY 7TH ~ 6pm



Dennis Giacovel II
VNVDV
President

PRESIDENT'S MESSAGE

Yes, it's January, time where we plan for the new year and reflect on the last. 2020 basically sucked.

But soon, things will begin to change. In the meantime, since we still cannot meet in person, we continue to zoom. Who knew how to zoom a year ago? So we learned something new. While it is not the same as being in the CCCC, it sure is good to see those old faces.

We may be zooming for another couple months so if you haven't joined the zoom meetings, please do. It is as rewarding as it can be frustrating. Even those who have moved away from the area (Mike Martin, Chris Mezzapelle, Chelle Clements, Ray LaRochelle, etc.) are able to join us from their respective locations.

I would like to thank Gary Estrella for his great leadership over the past two years and welcome the newest member of the VNVDV board, Jim Hill. Jim is the new Director at Large, one of the most challenging of the board positions. Jim will be responsible for securing our monthly speakers as well as acknowledging those of us who could use a get-well card or other thoughtful item from our group. Steve Burchik started a program of sending Chicken Pot Pies to let convalescing members know that we were thinking about them. It was an overwhelming success.

President's Message (Continued on Page Two)

VIRTUAL MEETING DECEMBER 3RD WAS THE RECOGNITION MEETING TO HONOR THOSE WHO SERVE OUR ORGANIZATION



January Virtual Speaker



RADM Tom Andrews will discuss the rich and dynamic history of the Navy on Yerba Buena and Treasure Islands. The Navy has had a presence on these islands for over 100 years.

I would also like to congratulate the recipients of our 2020 awards:

Bill Green and Mike Martin, The Gary Villalba 2020 Dedicated Service Award

Steve Burchik, Veteran of the Year
Dianne Giacovelli, Volunteer of the Year

Maurice Delmer, Special Recognition of Service to Veterans

I believe as of 2020, that the youngest of us has finally turned 70. **Happy Birthday! 2021 is also the Viet Nam Veterans of Diablo Valley's 30th birthday. The VNVDV was formed in 1991, as a grass-roots, all volunteer, stand-alone organization made up of primarily Vietnam or Vietnam era Veterans.** We were built on the premise of "gaining respect for Vietnam Veterans, to promote patriotism, and to help other veterans and active military".

So, what do we do as an organization? Here is a list of the annual activities that we are involved in and also the other organizations that we support.

Activities that our organization accomplishes annually:

- Duck Club GWAT retreat
- Operation Santa Claus
- Memorial Day Ceremony at Oak Hill Park
- School Speakers Bureau
- Walk of Honor

Organizations that we support:

- Blue Star Mom's high school memorials
- Blue Star and Gold Star activities
- Swearing-in of high school graduates entering the military
- Sentinels of Freedom Foundation
- Wheelchair Foundation and distributions in Vietnam
- East Bay Stand Down
- 4th of July Parade
- All Wars Memorial
- Welcome homes
- Concord Vet Center
- County Veterans Service Office
- Veterans Memorial Building activities
- All Wars Memorial
- Welcome homes
- Concord Vet Center
- County Veterans Service Office
- Veterans Memorial Building activities

THE ANNUAL HOLIDAY/ RECOGNITION DINNER WAS VIRTUAL AND JIM MURPHY AND STEVE BURCHIK COMBINED RESOURCES TO PRODUCE A PICTURE ARTICLE IN THE EAST BAY TIMES HONORING THE 2020 RECIPIENTS.

Vietnam Veterans Honor Volunteers



VNVDV Pres. Gary Estrella, Bill Green, Maurice Delmer, VNVDV Vice-Pres. Dianne Giacovelli

The Viet Nam Veterans of Diablo Valley honor the following recipients for their support of veterans during this past year.

★ Gary Villalba 2020 Dedicated Service Award ★
William "Bill" Green & Mike Martin

★ Veteran of the Year ★
Steve Burchik

★ Volunteer of the Year ★
Dianne Giacovelli

★ Special Recognition of Service to Veterans ★
Maurice Delmer

★ Special Recognition of Service to Veterans ★
Contra Costa County Veterans Service Office

- Concord Vet Center
- Blue Star Moms - Chapter 20
- Blue Star Moms - Chapter 101
- Phillips 66 - "Walk of Honor"
- Sentinels of Freedom



To learn more about the Viet Nam Veterans of Diablo Valley please visit our Website

www.vnvdv.org

While we are known for these, many of our members know little to nothing about most of the above activities. As in any organization, 10% or less are actively involved in its activities. But I would like to know how we can get you all involved in the things this organization accomplishes or could accomplish in the future. I am interested in hearing from you, our members, as to what you think might be additional things we can add to the above list of activities. Maybe something you are interested in or may already be involved in. Please email me at houseworks@pacbell.net and let me know how you would like to get involved. The easiest way to "gain respect for Vietnam Veterans" is by giving back to other Veterans, Active Military and our Community, and by promoting Patriotism.

I'll give you a couple starters. Small things that we do that doesn't gather attention, but make a difference.

A couple years ago we donated \$1000 towards a new golf cart for the VA in Martinez. The cart is used to ferry Veterans from their car to the front door of the facility and from building to building. This donation, along with others, purchased a new golf cart that had a great impact on the lives of those Vets using the facility. Volunteers also drive the carts, this might be something you would be interested in.

And, earlier this year we donated \$600 for a computer to be given to a needy student Veteran attending Las Positas Community College. This computer has the ability to change that student's life forever.

These are just two of the ideas that have had immense impacts on Veteran's lives. I would like to see us do more of these types of things in the future. Relatively small efforts can have large impacts on people's lives.

So, let me know what else you think we might be able to accomplish and let's make 2021 a great year.

I promise I will keep it shorter in the future. But please take a few minutes to read the rest of the newsletter.

Thanks and stay safe.

Dennis Giacovelli
President
PH (925) 383-6455
houseworks@pacbell.net



DUCK CLUB RETREAT FOR GWAT RETURNEES



WALK OF HONOR

EAST BAY STAND DOWN



MEMORIAL DAY

4TH OF JULY



SWEARING IN FOR RECRUITS

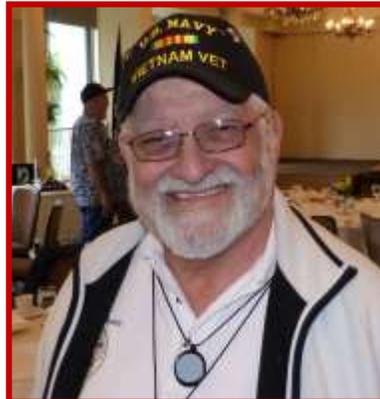


VNVDV DECEMBER EVENTS

VNVDV 2020 RECOGNITION AWARDS



Gary Estrella presenting Bill Green the Gary Villalba 2020 Dedicated Service Award



Mike Martin (now in Houston) is the Co-Recipient of the Gary Villalba 2020 Award



Bill Green notifying Mike Martin



Gary Estrella presenting the Veteran of the Year to Steve Burchik.

Dianne Giacovelli receiving the Volunteer of the Year Award



To the left: Maurice Delmar receiving the Special Recognition of Service to Veterans Award

Above: Gary Estrella, Bill Green, Maurice Delmar and Dennis Giacovelli

IN CASE YOU MISSED THE ARMY/NAVY GAME
RESULTS ARE BELOW

ARMY CAPTURED THE COMMANDER IN CHIEF
TITLE WITH A 10-7 WIN OVER AIR FORCE



VNVDV MEMBER SCOTT RANDLE FORWARDED DATA ON VIETNAM VETERANS - THIS IS THE THIRD INSTALLMENT

DRAFTEES VS. VOLUNTEERS:

25% (648,500) of total forces in country were draftees. (66% of U.S. armed forces members were drafted during WWII).
Draftees accounted for 30.4% (17,725) of combat deaths in Vietnam.
Reservists killed: 5,977
National Guard: 6,140 served: 101 died.
Total draftees (1965 - 73): 1,728,344.
Actually served in Vietnam: 38%
Marine Corps Draft: 42,633.
Last man drafted: June 30, 1973.

RACE AND ETHNIC BACKGROUND:

88.4% of the men who actually served in Vietnam were Caucasian; 10.6% (275,000) were black; 1% belonged to other races.
86.3% of the men who died in Vietnam were Caucasian (includes Hispanics); 12.5% (7,241) were black; 1.2% belonged to other races.
170,000 Hispanics served in Vietnam; 3,070 (5.2% of total) died there.
70% of enlisted men killed were of North-west European descent.
86.8% of the men who were killed as a result of hostile action were Caucasian; 12.1% (5,711) were black; 1.1% belonged to other races.
14.6% (1,530) of non-combat deaths were among blacks.
34% of blacks who enlisted volunteered for the combat arms.
Overall, blacks suffered 12.5% of the deaths in Vietnam at a time when the percentage of blacks of military age was 13.5% of the total population.
Religion of Dead: Protestant - 64.4%; Catholic - 28.9%; other/none - 6.7%



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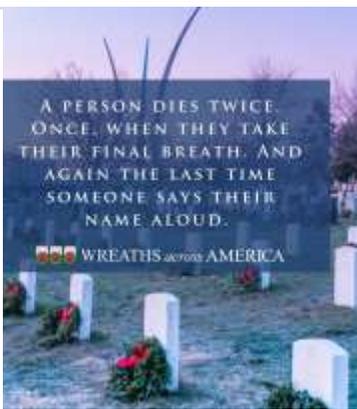
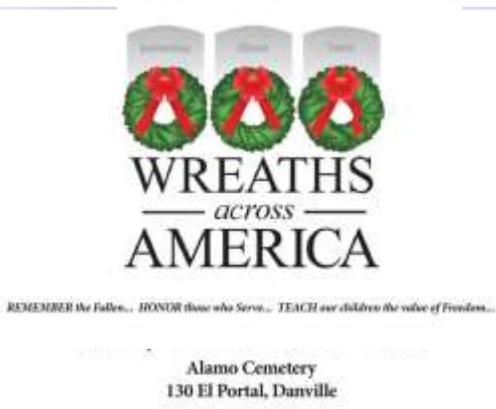
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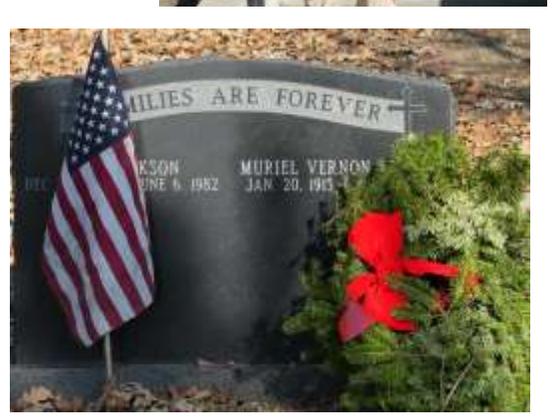
More than fast. More than signs.™

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San Ramon, CA 94583
ph. (925) 820-2202
fax. (925) 820-8911
Email: 48@fastsigns.com



Roxanne Lindsay and Eric Ardell organized the 2020 WREATHS ACROSS AMERICA Ceremony at the Alamo Cemetery. Due to Covid the distribution of Wreaths was by volunteer Family members and Veterans. Taps was played at the end of the Wreath Laying.



SUPPORT GIANNI'S A GREAT SPONSOR OF VNVDV

Veterans group turns the tables on local Restaurant

San Ramon restaurant, **Gianni's Italian Bistro**, has been on the forefront in giving to local non-profits with their **"Tips for Change"** Monday night events for six years. Since 2014, Gianni's has raised \$618,000 for a multitude of worthy causes in the Valley. Even in this pandemic year of "take-out", where restaurants are struggling to stay afloat, they have still managed to raise \$66,000. The *Viet Nam Veterans of Diablo Valley* (VNVDV) have been on the receiving end of this fundraising event, plus years of Gianni himself supplying his pasta and sauce for their crab feeds as well as endless gift certificates donated to their fundraisers. The Veterans Organization decided that ***it is time to reciprocate***.

On **February 1st 2021** the Viet Nam Veterans of Diablo Valley are scheduled to be the **Tips for Change recipients**. *Instead, VNVDV ask that you order take out from Gianni's Italian Bistro that night and leave a tip to say "thanks" to Gianni's*. It is well deserved. **Please order on-line or by phone by Thursday January 28th for pick-up February 1st**. VNVDV board members will be there to bring out your orders and say thanks.

Gianni's Italian Bistro
2065 San Ramon Valley Blvd.
San Ramon, Ca 94583
www.giannissanramon.com
925.820.6969



VNVDV Member *JANUARY* Birthdays

Ron Allen	USMC	Bill Kiper	Navy
Alan Perry	Navy	Arthur Gaoiran	Army
Joseph Roberts	Army	Ray La Rochelle	Navy
Bill Hawkins	Army	Rich Lee	Army
Jerry Carlson	Army	Gerald Raver	Army
Tim Sammons	Navy	Mike Feddersen	USMC
Tom Crews	Navy	Cary Battersby	Army
Thurman McCormick		Army	

THE BLUE STAR MOMS, CHAPTER 20 AND CHAPTER 101 HAVE DEVELOPED A PROGRAM TO HONOR FALLEN VETERANS. MEMORIALS HAVE BEEN PREPARED TO BE LOCATED AT THE HIGH SCHOOL OF THE VETERAN. EACH MEMORIAL IS DEDICATED WITH A CEREMONY THAT PERMITS THE COMMUNITY TO JOIN WITH FAMILY MEMBERS IN RECOGNITION OF THEIR LOSS. VNVDV SUPPORT THIS PROGRAM AND ALL MEMBERS ARE ENCOURAGED TO ATTEND.

THE MEMORIAL DEDICATION FOR SSG DANIEL SCHEILE AND SGT JOHN ARAGON SCHEDULED FOR APRIL 4TH AT ANTIOCH HS HAS BEEN CANCELLED. NOTIFICATION OF THE RESCHEDULE DATE WILL BE IN THE NEWSLETTER.



J. Rockcliff


REALTORS



MIKE WEBER
 Realtor *

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 Danville, CA 94506
 CalBRE#00441586

direct: 925.736.1500
 mweber@rockcliff.com



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"Experience the Quality Difference... over 305 years serving California and beyond with Excellence"

VNVDV SUPPORTS THE SENTINELS OF FREEDOM REVIEW THESE STORIES TO SEE THE SUCCESS



WE HAVE EVEN MORE SENTINEL STORIES AT
WWW.SENTINELSOFFREEDOM.ORG

JOHN JAE TERRY / US NAVY

Completed multiple combat deployments as a Navy SEAL including 3 to Afghanistan, 1 to Iraq, and 1 to Africa. Sustained a right leg Amputation, Burns, PTSD, and TBI when his group was hit by an IED blast and rocket propelled grenades.

Graduated from Catholic University of America with a Juris Doctorate in Criminal Justice Law. Currently employed at Cyber Command while studying for the Bar exam.



YOUR INVESTMENT PROVIDES MORE THAN A BRIDGE TO EDUCATION IT'S A BRIDGE FROM THE LIFE OF SERVICE TO A LIFE OF SELF-SUFFICIENCY IN THE CIVILIAN WORLD.



CODY DANIEL / US NAVY

Served as an EOD Technician with the Navy supporting the 75th Ranger Regiment and Navy SEAL Team 8. Completed a partial deployment to Somalia in East Africa and 3 deployments to Afghanistan before sustaining a traumatic brain injury and PTSD when his vehicle was struck by an IED.

Currently attending Eastern Virginia Medical School for a Doctorate of Medicine. As a physician he hopes to continue to help others daily while being able to utilize his leadership skills to guide a healthcare team.



ALTHOUGH THE DETAILS OF EVERY SENTINEL'S JOURNEY ARE DIFFERENT, THE CHORDS RUNNING THROUGH THEM ARE THE SAME.



LINA EFREMENKOVA / US MARINES

Deployed twice to Afghanistan during her time in the Marines. During the second deployment with the Female Engagement Team she experienced small arms fire and mortar attacks resulting in PTSD from witnessing fellow Marines and Afghans lose their lives.

Currently attending Louisiana State University and working towards a bachelor's degree in industrial engineering. Lina looks forward to working with others to make their interactions with systems and processes easy, safe and as efficient as possible.



THESE ARE MEN AND WOMEN WHO HAVE BEEN GRAVELY AND PERMANENTLY INJURED, YET THEY ARE DISTINGUISHED BY THEIR UNIQUE DRIVE, DETERMINATION, AND PATRIOTISM.



GARRETT JONES / US MARINES

Completed tours in Iraq and Afghanistan. Severely injured by an IED resulting in a left leg amputation. After intensive rehabilitation, he returned to combat in under a year from the time of amputation.

Completed a master's degree in strategic intelligence at the National Intelligence University and now runs a team of intelligence professionals at MCIA's Enterprise Operations Center.





Next Show: Monday, January 11 @ 7:00 PM

Show Topic: **“Veterans and Amputation”**

Watch on: Comcast Channel 27

-or- Facebook: **veteransvoices1**



Nathan Johnson, Co-Host

THE JANUARY 2021 NEWSLETTER OFFERS A NEW FEATURE: THE FIRST MOVIE REVIEW

Movie Review by: **FORWARD OBSERVER**



This is an occasional movie review when a film comes out that might have appeal to the members of VNVDV. The recent release of **"LAST FULL MEASURE"** is a movie that clearly meets this criteria.

It tells the story of an Air Force Medic who comes to the aid of Charlie Company of the Army's 1st Infantry Division (Big Red One) that is surrounded by a superior enemy force. This true story takes place in Vietnam in April 1966 during "Operation Abilene". (Check Wikipedia for more details on this operation).

Charlie Company was supposed to be the bait that would lure a crack Viet Cong Battalion into a trap as two other Infantry companies would rush to Charlie Company's aid. Thick jungle prevented the other companies from arriving in time and Charlie suffered very high casualties. An Air Force rescue chopper came to their aid and started pulling casualties out via a cable hoist. The medic on board, William Pitsenbarger, rides the hoist down to the ground and stays there to assist the wounded since the Army's medic has already been wounded.

The focus of the movie is the effort to recognize the medic's valor with a Medal of Honor. It is a well-told story with cameo appearances by movie luminaries including Ed Harris, Christopher Plummer, William Hurt, Samuel L. Jackson, Peter Fonda and Dale Dye. Bottom line: A great film.

Reviewers Rating (Out of 5 Stars) ★★★★★



Available from
NETFLIX, RED BOX
and other services.

*VA Palo Alto Health Care System Research/Partnership with
Sentinels of Freedom*

Understanding Gaps in Home-based Services from Informal Caregivers



You may be eligible for this study if:

You are a relative or friend who cares for a veteran.

This research study involves filling out questionnaires and participating in a 1 hour telephone interview. We will ask about your experiences using home and community resources for veterans and their caregivers, and get feedback to improve VA resources.

You will be compensated up to \$50 for your time.

Participant's rights questions, contact: 1-866-680-2906.

**Contact: Rashmi Risbud
650-614-9997 x 23434
VHAPALCaregiverCoE@va.gov**





U.S. Department
of Veterans Affairs

Email Updates

Good afternoon, Northern California Veterans. Below are several steps we've taken to ensure your access to VA health care is as smooth as possible during the COVID-19 pandemic.

VEText

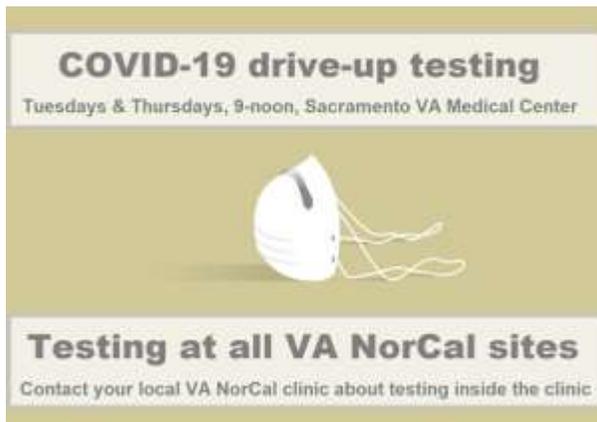
Beginning this Friday, June 26, VA NorCal will implement a new check-in procedure using VEText. This new feature allows Veterans with scheduled appointments to notify their care team when they arrive at the facility for further instruction (to use this feature, Veterans must have a text-capable cell phone number on file with us; contact your care team if you're unsure).

The process is simple!

Once you arrive on campus, text "HERE" to **53079** to alert your care team you're at the facility and waiting to be called to your appointment.

You will receive a text acknowledging your check-in status.

When your care team is ready for you, you will receive a text instructing you to proceed to your appointment.



The Sacramento VA Medical Center in Mather now offers drive-up, elective COVID-19 testing to Veterans registered as VA patients from 9 a.m. - noon each Tuesday and Thursday. Other VA NorCal sites also offer COVID-19 tests to Veterans inside their clinics, with plans to establish drive-up testing in the near future.

**CONTACT JONATHANROBBINS@HOTMAIL.COM
TO RECEIVE ACTUAL E-MAIL FOR THE TESTING**

Fast-Track Screening



To speed up the COVID-19 screening process for VA NorCal Veteran patients and staff, we have created a QR code to help you fast-track your way through our screening stations. Just scan the QR code with a smartphone before leaving home, answer several questions about possible COVID-19 symptoms, and show your phone's green screen to our screeners when you arrive. No more waiting as you answer same questions at each and every appointment - show the green screen, get your wristband, and move on with your VA day!

Appointment Arrival and Departure

To discourage foot traffic and reduce risk of COVID-19 exposure at our sites, VA NorCal is asking all patients to arrive no earlier than 30 min. prior to your appointment and to leave as soon as possible after your appointment is complete. We appreciate your cooperation.

Veterans: Call before visiting your VA facility

Medical appointments possible at home via VA Video Connect

VA APPOINTMENT PROCEDURE UPDATE

Got a fever, cold, cough or flu-like symptoms? Are you worried that you have a viral illness?

The last thing you want to do is get out of the house to see the doctor, exposing yourself (and others) to more potential bugs and viruses.

VA can make it easier and safer to get back to health with virtual care through My HealtheVet and the VA Video Connect app on your smartphone, tablet or computer.

What is virtual care? Virtual care means you can contact your VA provider (and health care team) through [secure messaging](#) or receive treatment by telephone or video. Last year, Veterans had over 20 million virtual engagements with VA.

Any Veteran who qualifies to receive VA care and lives in the U.S. is eligible to use virtual care.

[Long Description](#)

Staying home – easier for you, safer for the community.

Virtual care is personalized and can connect you with your providers more effectively than ever. Ask your health care team if virtual care can help meet some of your health care needs. Options include in-home health monitoring with tailored technologies, connection to specialists, or even remote scans and data.

Cold and flu care made easy

Virtual care is **safe and effective**. **Imagine the benefits to you and to your fellow Veterans if you don't have the hassle of going to the hospital or clinic with a cold, flu or other viral illness. You can stay at home and avoid battling for a parking spot and spending time in a waiting room. Most importantly, you won't put other Veterans at risk of a highly contagious illness. Staying home can be easier for you AND safer for the community by helping contain the spread of infectious diseases.**

You probably already know [My HealtheVet](#) is a great way to manage your care – with online Rx Refills, VA Appointments, and your labs and tests, radiology reports, and images.

With secure messaging and video appointments, reaching your providers while at home can be easy, too. While not for use in emergencies, a secure and private session begins with a simple request with a Secure Message for a video appointment. [Sign in](#) and request one next time you need to see your doctor or other providers.

Your health care team can also set up an in-person appointment, if needed. Call your VA health center if you have symptoms.

For more information, visit:

[VA Video Connect](#) (*allows you to test your equipment compatibility*)

[Reach Your VA Care Team Over Live Video](#) (*YouTube*)

[VA Telehealth Services](#)

Veterans can search free resources through **Code of Support's PATRIOTlink**

Find vetted, direct, cost-free services

Code of Support's **PATRIOTlink**® platform is a free online resource database that includes thousands of programs tailored to the military and Veteran community.

Through **PATRIOTlink**, users can search vetted, direct, cost-free services specific to their needs. **PATRIOTlink** was recently redesigned to make it even easier to use. Now, users can complete searches by entering less information and they can view events and job opportunities in their area through a news feed feature.

Working together, a partnership with VA

With over 40,000 Veteran Service Organizations offering resources, both VA and Code of Support recognize that collaboration is a key to ensuring military and Veteran families find the right help. This partnership between *Code of Support* formally started in December 2018 when VA's Veterans Experience Office signed a Memorandum of Understanding with *Code of Support*.

Through its ongoing collaboration with **VA**, Code of Support's **PATRIOTlink** database includes a list of VA resources along with program information for each resource. Listed resources include suicide prevention coordinators, Vet Centers, domiciliary units, and caregiver support services. Including these resources in **PATRIOTlink** makes it easier and more efficient for Veterans to access VA resources, which improves outcomes. The VA collaboration also ensures that awareness of available resources extends to more suicide prevention coordinators and caregivers across the nation.



[Long Description](#)

Together, VA and Code of Support hope to improve the access to and navigation of resources in local communities to best serve Veterans, families, caregivers and survivors. Code of Support provides case coordination, education and engagement, and a navigation platform that allows service providers to reduce the amount of time it takes to find resources to meet their client's needs. VA cannot do it alone, and partnerships like Code of Support help to augment and supplement VA services and benefits where needed.

VA is providing Code of Support the most up to date resource and contact information to access and navigate VA services and benefits that includes caregiver support services, suicide prevention and homeless coordinators, Vet Centers and domiciliary units. One of VA's goals is to ensure that access to services and benefits is easy, efficient, and creates positive experiences in receiving care and support where they live.

Veterans and their families should not have to struggle with finding resources and services, so VA encourages Veterans and their families to use the free services from partners like the Code of Support Foundation for easier access and navigation support.

How do I join?

To get started, simply login at www.patriotlink.org, enter a few keywords or select a service need, and filter the results by your specific eligibility criteria. You can then see a list of unique resources customized to your needs.

To learn more, visit [Code of Support Foundation](#) or [PATRIOTlink](#). [additional information](#), email patriotlinksupport@codeofsupport.org.

REAL ID REQUIREMENT IS OCTOBER 1ST 2020



Now is the time to consider a REAL ID!



REAL ID is the next generation of identification recognized across the country.

Starting **October 1, 2020**, you will need a REAL ID, valid passport, or other federally approved form of ID to travel by plane within the U.S. or to access federal facilities and/or military bases.

If you decide not to get a REAL ID, your California driver license or identification card will display the phrase "Federal Limits Apply" while a REAL ID will display a California bear with a star.

DL 1400 (REV. 9/2019)

Add "VETERAN" to your license!



How to get a REAL ID

To convert your California driver license or identification card renewal to a REAL ID you must visit a field office. Beat the rush by making an appointment early, or check wait times online to visit as a walk-in.

You will need to bring:

1. **Proof of identity** (such as birth certificate, valid U.S. passport, or permanent resident card)
2. **Proof of Social Security number** (SSN card, W-2 or paystub with full SSN)
3. **Proof of CA residency** (2 documents, such as home utility bill, vehicle registration, property tax bill, or mortgage or lease agreement)
4. **Proof of name change** (if the name on your identity document is different than the name on your application)

Find out when, how and the best way to get your REAL ID at REALID.dmv.ca.gov or **1 (800) 777-0133**.

DL 1400 (REV. 9/2019)

Access VA Services When You Need Them



ChooseVA is your one-stop for all the choices you have for VA benefits and services.

- Explore and apply for VA health care
- Learn about home loans, educational help and other assistance
- Access health resources

Learn more at www.choose.va.gov.



Your go-to for all VA services. Call this 24/7, toll-free number for all your VA needs: **1-844-698-2311**.



Confidential chat online at www.VeteransCrisisLine.net or text to 838255.



Sign up for a My HealthVet (MHV) account at www.myhealth.va.gov.

- Access your personal health information and keep records of your health services.
- Order VA prescription refills.
- Send nonurgent messages to your VA health care team.
- Get email reminders of upcoming VA medical appointments.



Learn about your health conditions, medications, medical tests, and more at www.veteranshealthlibrary.org.



Reach your VA Care Team over live video with this convenient and time-saving app you can download at mobile/va.gov/app/va-video-connect.

ALL WARS MEMORIAL

Expanded Walkway - 600 New Pavers Now Available!

Thank You to the patriotic community for Honoring their



Application On Next Page



Engraving Completed - Visit Oak Hill Park & see new Pavers

ALL WARS MEMORIAL GRANITE PAYER ORDER FORM

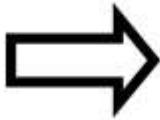
Yes, I would like to make a tax-deductible donation to the
All Wars Memorial Foundation or purchase an AWM Paver
To honor the service or contribution made by an Individual Serving -
Veteran or Patriot with a Paver - *or* Honor your Organization or Unit

PURCHASER'S INFORMATION: (If paying by credit card
Use the information as on the billing statement)

Name of Purchaser

Address

City / State / Zip



Please provide **Contact Phone & E-Mail Address** (utilize separate
sheet & attach, if needed to clearly provide requested information.

INDIVIDUAL Paver - Granite 8" x 8" @ \$300.00 each

____ IN MEMORY (for those who died while serving their country)

____ IN HONOR (for all other pavers)

NAME (to be shown on paver) _____

Can add **Rank** for those who that served in the military.
Up to two lines available - maximum of 15 characters on
each line - including spaces. **Please PRINT all letters.**

BRANCH of SERVICE: (circle one)

U. S. Army - USMC - U. S. Navy - USAF - USCG - Army/Air Corps
Merchant Marines - National Guard - *or* - **PATRIOT** (for all others)



Organization / Unit Paver - Granite 8" x 8" @ \$300.00 each

PAYMENT METHOD:

Enclosed Check for: \$ _____

Payable to: **ALL WARS MEMORIAL FOUNDATION - (AWMF)**
Post Office Box 158 - Danville, CA 94526

Mall to →

Charge my: Visa - MasterCard (Please Print)

Card Number

CV Code: _____

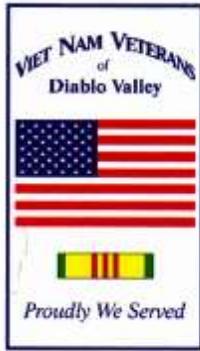
Expiration Date

Signature and Date... & mail to: AWMF (address above)

www.AllWarsMemorial.org

Thanks to Procurement Director John "T.J." Trujillo for his monthly display of VNVDV Hats and Shirts. Order your VNVDV NAME TAGS contact "T.J."

For all your VNVDV Shirts and Hats team with TJ and Power Stitch



John T.J. Trujillo
Director of Procurement

Viet Nam Veterans of Diablo Valley
P.O. Box 2079
Danville, CA 94526

925-997-5253
trujillo.tj.john@gmail.com
www.VNVDV.com



POWER STITCH MOVED TO 3195 DANVILLE BLVD, ALAMO - 925-362-3477

VNVDV Members THANK David Behring

Wheelchair Foundation



"Serving the World"



Looking for a unique BIRTHDAY Gift? Donate a new WCF wheelchair in their honor... great for someone who has everything!

The VietNam Veterans made 3 Wheel Chair distribution trips, 2006, 2012 and the Fall 2019 to VietNam. Wheel Chairs Provide freedom of mobility for those lacking this basic need.

We Thank David Behring & the Wheel Chair Foundation for the support of VNVDV & our three amazing wheel chair distribution trips to Vietnam.

The VNVDV participated in the distribution of 460 Wheelchairs during the NOV 2019 trip to Vietnam. Thanks to the support of the Wheelchair Foundation & Supporters

VietNam 50th Commemoration Honors our VietNam War Veteran Members

**VNVDV LIFE MEMBERSHIP
Special 50th VN Commeration -
Honoring Your Service - ONLY \$50.**

Danville VMB's County Veterans Service Office
OPEN every Wednesday 10-2 to serve Veterans

All Wars Memorial

Oak Hill Park Memorial Expands
The New Paver Section with 600 Pavers
Do you have an AWM Paver? Don't wait - Honor a veteran, friend, neighbor, family member or patriot with a special AWM Paver Tribute!

1st ENGRAVING COMPLETED—Hopefully 1 in May!
Custom Engraving is performed Spring & Fall.
Take time to visit the AWM - then the website for an application form. Order your AWM Paver
www.AllWarsMemorial.org
Questions? See link on AWM Website

Please SUPPORT & FOLLOW NEWS from some of our SUPPORTERS & FRIENDS WEBSITES:
Contra Costa County Veterans Service Office - Call the County VSO Office for Assistance - call 925 / 313-1481 for Appt.
All Wars Memorial and obtaining AWM Pavers at Oak Hill Park - visit: www.AllWarsMemorial.org
Marines Memorial Association / Hotel / Club in SF - Visit their website at: www.MarineClub.com
Sentinels of Freedom Scholarship Foundation - visit: www.SentinelsofFreedom.org
Wheelchair Foundation & Wine for Wheels - Support our those in need of mobility - Visit: www.WineforWheels.org
Blue Star Moms #101 website: www.bluestarmoms.org & Blue Star Moms #20 website: www.ccbluestarmoms.org
VNVDV website to see more about the Vietnam Veterans of Diablo Valley at: www.VNVDV.org

VISIT THE WEBSITE for the VETERANS MEMORIAL BUILDING at: www.VMBSRV.org

SUPPORT OUR BLUE STAR MOMS "DROP-OFF" LOCATIONS



Department of
Veterans Affairs



VA
HEALTH CARE | Defining
EXCELLENCE
in the 21st Century



U.S. DEPARTMENT OF
VETERANS AFFAIRS

Monday-Friday 8:00a.m.-4:30p.m.
Martinez Primary Care Clinic
150 Muir Road, Martinez, Calif.94553

Advice Nurse-Appointment Line
800-382-8387
Pharmacy(Toll Free)Line
866-600-8279
Martinez, CA. 94553

Fax: (925) 372-2804

FLU IS CAUSING SERIOUS ILLNESS & DEATH!
Please visit one of our VA Clinics in Martinez
- Oakland or other locations now to obtain your
FLU shot - available to all Veterans! Don't Wait!

Remember CALL VA's Prior to
ANY Appointment or Urgent Care Need!
At the VA - all Veterans will be
Screened prior to entering Clinic!

**Veterans... Are You Utilizing
Your VA Health Care Benefits?**

The VNVDV encourages all Veterans to Enroll in VA
Health Care coverage & utilizing trained
professional advocates at our Contra Costa County VSO.
The VA Health Care System is the Best - get help
**Visit our VNVDV Website
for more Benefit details.**

Are You Watching CCTV "VETERAN VOICES" on 2nd Monday?

Monthly Show Topics IMPORTANT to VETERANS & Recently Discharged/Returning VETS
SUPPORT Nathan Johnson - our Contra Costa County Veteran Service Officer

VETERANS' VOICES

Watch 7pm Mondays

A Live, Interactive TV Show for Vets by Vets!

Join us live on the 3rd Monday of every month to discuss relevant issues facing our veterans. Veterans' Voices provides a platform for all veterans, their family, and their caregivers to get support and learn about valuable resources and events in the community.

Hosted by:
Nathan D. Johnson, County Veterans Service Officer
Kevin Graves, CalVet LINC & Gold Star Parent

Watch live every 2nd Monday at 7 pm on CCTV
www.ContraCostaTV.org/VeteransVoices
Call in Live: (925) 313-1170

facebook @VeteransVoices

cctv

Contra Costa TV is channel 22 on Oakland, channel 27 on Concord, and channel 91 on AT&T U-verse.
Episodes Re-Run: Mondays @ 7pm, Wednesdays @ 11pm & Saturdays @ 9am

"VETERAN VOICES"
on **SECOND MONDAY OF MONTH**

**TUNE-IN AND ASK YOUR
QUESTIONS ABOUT VETERAN
SERVICE OR VETERAN ISSUE.**



Because You Chose To Proudly Serve

Oakmont Memorial Park Cemetery in Lafayette is offering major financial assistance to all Veterans and Veteran Spouses on both Traditional and Cremation Property.

Pre-Planning Lifts the Burdens Off Your Loved Ones

Contact: Thomas Corbett, Veteran Liaison Officer, LIC# 44629
(925) 935-3311, (925) 216-4785
TCOAK8@gmail.com



REAL TIME PAIN RELIEF



To purchase call: Mike Martin - 925.323.1093



Official Mailing Address:

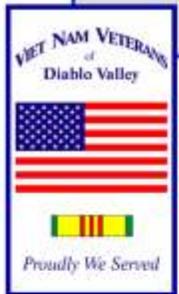
Viet Nam Veterans of Diablo Valley
Veterans Memorial Building of SRV
400 Hartz Avenue
Post Office Box 2079

Danville, CA 94526 - 2079

E-Mail: VNVDV1@gmail.com

Web: www.VNVDV.org

Electronic News



**2020 OFFICERS &
BOARD MEMBERS**

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VICE PRESIDENT -

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SECRETARY

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Jim Hill

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Jon Robbins

PROCUREMENT

John "T. J." Trujillo

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John "jgr" Reese

WEBSITE

Chelle Clements

Jonathan "JON" Robbins

Director of Information

Editor / Publisher "INCOMING" News

News E-Mail: VNVDV.News@gmail.com

Keep your e-mail address current please!

**Visit the VNVDV Web
Past Newsletters & our
latest news on-line**



The VietNam Veterans of Diablo Valley - established in 1991 as a local, grass-roots, non-profit, & all-volunteer Veteran Service Organization (VSO) to promote & enhance the image of the Viet Nam Veteran through Community Service & Support of our fellow Veterans, and value & maintain a high level of dignity & respect for the young men & women currently serving our nation today in all branches of our military services. **Danville's Veteran's Memorial Building for the San Ramon Valley** is home for the VNVDV and designed for the next 100 years - to serve our veterans now - those returning & our future veterans - while serving as a lasting reminder & Memorial for all those who served before us in the name of Freedom... *leaving a "legacy"*

The VNVDV meets monthly on the **1st Thursday of every month** at the **Crow Canyon Country Club** in Danville.

VNVDV monthly Board of Directors Meetings are held on the **3rd Thursday** each month at the Veterans Memorial Building in the Library / Board Room at **1800 Hrs.** in Danville. To find out more about programs & projects the VNVDV supports & events sponsored... visit the website at: **www.VNVDV.com**. All veterans & guests are welcome to attend our **"open"** membership meetings. This VNVDV is a casual - **"fun"** - social veterans group - always looking for new members who enjoy friendship & the special bond as military veterans. **We are Proud of our Military Service...** & of our continued contributions to fellow veterans & community. Our dinner meetings consist of a social dinner & guest speaker of interest to veterans & military. Please join us... All dinner meetings are **OPEN** - bring fellow VietNam veterans - active duty military - history buffs - friends - community supporters... *see what a difference volunteering makes in the lives of others. All veterans welcome!*

OPEN - SOCIAL DINNER MEETINGS - JOIN US!



MONTHLY SOCIAL DINNER MEETINGS with FEATURED GUEST SPEAKERS

1st THURSDAY of each Month

at **CROW CANYON COUNTRY CLUB** in Danville, CA

Social Hour at 1700 - Dinner at 1815 - Guest Speaker - **Join Us!**

Featuring **"Chef's Special Buffet Dinner"** - \$25. **RSVP NOT Required!**

PAST PRESIDENTS

Gary Estella

William "Bill" Green

Ray La Rochelle

Michael Slattengren

Jerry Yahiro

John Estes

Del Loewe

Tim Hart

Mike Weber

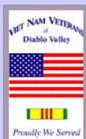
Mike McDaniel

Rich Lambert

Ron Azarcon

Bill Picton

Norm Mahalich



Established 1991

"INCOMING" News - Official Newsletter of the VNVDV